

Today, the internet is integrated into almost every aspect of our daily lives. It has evolved from a specialized tool used by governments and universities to a universal resource that is readily accessible on a variety of devices—not just computers and phones, but also TVs, refrigerators, and even doorbells. Whether for shopping, studying, working, or managing finances, the internet serves as an indispensable tool in our modern world.

Discover What You Can Do



1 Stay in Touch



Social Media

Platforms such as
Facebook, X (formerly
known as Twitter), and
Instagram let you connect
with friends, discover new
content, and share your
experiences. They provide
a global stage to express
yourself and exchange
ideas instantly.



Email

Tools like Gmail and Outlook facilitate efficient communication, enabling you to send and receive messages, organize your contacts, and manage your day-to-day communications seamlessly.



Instant Messaging and Video Calls

Applications like
WhatsApp, Skype, and
Zoom allow real-time
text messaging and video
conferencing, making it
easier than ever to stay
connected with others
regardless of
geographical distances.

Access Information

Search Engines: Tools like Google, Bing, and DuckDuckGo offer powerful ways to search for information online, from academic research to everyday queries.

Digital Libraries and Encyclopedias: Resources like Wikipedia and the Stanford Encyclopedia of Philosophy provide free access to a wealth of knowledge on countless topics. Remember to verify information through additional reputable sources to ensure accuracy.

Be Entertained

Streaming Services: Platforms such as Netflix, Spotify, and Hulu offer extensive libraries of movies, music, and TV shows accessible at the click of a button. Always use official sites and apps to ensure you're respecting digital copyright laws and securing your devices against malware.

Bank and Shop

Banking: With online banking, you can manage accounts, transfer money, and pay bills directly from your device. Ensure you're using secure networks and strong passwords to protect your financial data.

Shopping: Online marketplaces like Amazon and eBay provide convenient shopping experiences. Look for secure payment gateways like PayPal to protect your transactions and personal information.



Learn and Grow

Online Courses: Websites like Coursera, Khan Academy, and Udemy offer courses on topics ranging from computer science to art, helping you learn new skills or improve existing ones.

Professional Networking: LinkedIn and similar platforms are invaluable for building professional relationships, sharing your career achievements, and discovering job opportunities.

6 Get and Stay Healthy

Telehealth Services: Access medical consultation through platforms like Doctor on Demand or Zocdoc, which connect you with medical professionals for health advice without leaving home.

Fitness Apps: Apps such as Fitbit and Nike Training Club provide personalized workout routines and health tracking to help you maintain your fitness goals.





3.31 million emails are sent every second.¹



20 hours of music is streamed per user every week.²



323 million people worldwide use dating apps.³

Networking and Socializing

- Dating and Social Media: Use dating apps like Tinder and Bumble to meet potential partners, while platforms like Facebook and Instagram let you maintain personal connections and share life updates.
- **Forums and Discussion Boards:** Engage in communities like Reddit or Quora to discuss interests, ask questions, and connect with like-minded individuals.

The Basics of Using the Internet

The vast potential of the internet can feel overwhelming at first. Understanding internet concepts and basics, from choosing an internet service provider to navigating the online world, will have you using the internet with confidence and exploring the wealth of information and resources at your fingertips.

Connecting to the Internet

- Choosing an ISP: An Internet Service
 Provider (ISP) is your gateway to the
 internet. Choose based on availability and
 service types in your area.
- Setup and Installation: Contact your ISP to install the necessary equipment like a modem and router in your home.
- Connecting Your Devices: Connect your devices either wirelessly via Wi-Fi or through a wired connection using an ethernet cable.

Understanding Key Internet Terms

- **Browser:** A program like Chrome or Firefox that lets you visit websites.
- Cookies: Small files that save your preferences for specific websites.
- **IP Address:** A unique number that identifies each device on the internet.
- **Firewall:** A security system that protects your device from unauthorized access.

Navigating and Searching

- Using a Browser: Enter the website's address directly into your browser's address bar or use bookmarks for frequently visited sites.
- Using Search Engines: Find information, images, and videos by typing keywords related to your queries into search engines like Google.

Setting Up and Using Email

- Choosing an Email Provider: Providers like Gmail and Outlook offer free email services. Visit their websites to create a new account.
- Registering and Verification: Fill out the signup form, choose an email address, and verify your account, often through a phone number for added security.

Using the Internet to Find a Job

The internet is a powerful tool for job seekers, offering a plethora of resources that can help you locate and apply for positions that match your skills and career aspirations. Here are some strategies to effectively utilize the internet for job hunting, along with a list of 10 useful job search websites.

Job Search Engines

- **Indeed:** One of the largest job search websites globally, Indeed aggregates listings from thousands of websites and allows you to apply directly for jobs.
- **LinkedIn:** Beyond networking, LinkedIn allows you to search for jobs, apply directly, and use your LinkedIn profile as your resume.
- **Glassdoor:** Known for company reviews and salary data, Glassdoor also offers a robust job search engine.
- **Monster:** This site provides a wide range of job listings as well as career advice and resources to help with your job search.
- **CareerBuilder:** CareerBuilder offers a large database of jobs, and provides career advice and resources for job seekers.

Specialized Job Websites

- **Dice:** Ideal for technology professionals, Dice specializes in tech job listings and tech industry information.
- **USAJobs:** The federal government's official job site which lists all federal employment opportunities.
- **The Muse:** Offers a unique job search experience with detailed company profiles to help you find the right company culture for you.

Company Websites

Many companies post job openings on their own websites. If you have target companies in mind, regularly visiting their careers pages can give you a jump on new postings.

4 Online Portfolios

For creative or technical professionals, displaying your work online through sites like Behance (for designers), GitHub (for developers), or Portfolium (for all types of professionals) can attract potential employers.

5 Application Processes

Online applications are now standard, with systems designed to help you upload your resume and sometimes even autofill your details. Always tailor your resume and cover letter to the job description, highlighting relevant experience and skills.

Using the Internet to Find a Job

Networking

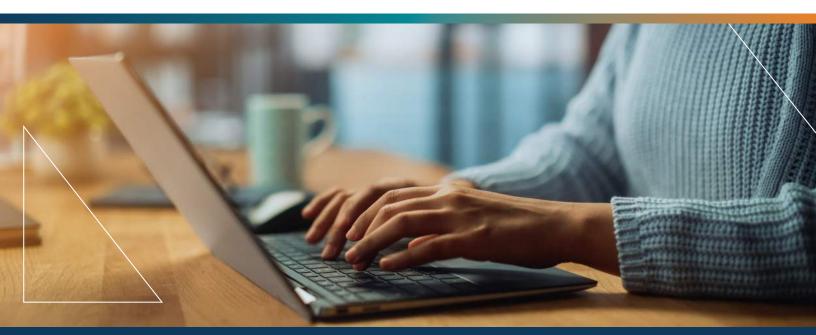
Platforms like LinkedIn allow you to connect with industry professionals and participate in groups related to your career field, which can lead to job leads and referrals.

Freelance Opportunities

- **Upwork:** A platform for freelancers to find projects suited to their skill sets.
- **Freelancer:** Similar to Upwork, it connects freelancers with clients needing professional services.

Conclusion

The internet has profoundly reshaped how we live, work, and connect with others. From staying in touch to accessing a world of information, the internet offers convenience and opportunities like never before. The more you understand and use its capabilities, the more confidently and easily you will navigate this increasingly digital world.



About Zayo:

Since 2007, Zayo has focused on creating connections. By building an expansive network, Zayo has become the leading independent provider of light-speed data transmission infrastructure, with dense, high-quality networks connecting every major market in North America. Zayo was built to serve the largest and most innovative companies in the world, providing both major enterprises and individual internet users access to all the benefits the world wide web has to offer.

